

## Gilles COLLIOT

SWIM	BIKE	RUN	OVERALL	RANK	DIV.POS.
1:09:19	5:55:06	4:01:41	11:22:41	443	82

LEG	DISTANCE	PACE	RANK	DIV.POS.
SWIM SPLIT 1: 2.4 km	2.4 km @ 42:55	1:47/100m		
SWIM SPLIT 2: 3.8 km	1.4 km @ 26:24	1:50/100m		
<b>TOTAL SWIM</b>	<b>1:09:19</b>	<b>1:49/100m</b>	<b>921</b>	<b>179</b>
BIKE SPLIT 1: 23.3km	23.3 km (44:05)	31.71 km/h		
BIKE SPLIT 2: 70km	46.7 km (1:54:38)	24.44 km/h		
BIKE SPLIT 3: 118.7km	48.7 km (3:28:59)	13.98 km/h		
BIKE SPLIT 4: 144km	25.3 km (53:54)	28.16 km/h		
BIKE SPLIT END: 180km	36 km (48:08)	44.88 km/h		
<b>TOTAL BIKE</b>	<b>180 km (5:55:06)</b>	<b>30.41 km/h</b>	<b>711</b>	<b>145</b>
RUN SPLIT 1: 5.25km	5.25 km (25:45)	12.23 km/h		
RUN SPLIT 2: 10.5km	5.25 km (28:08)	11.20 km/h		
RUN SPLIT 3: 15.75km	5.25 km (29:39)	10.62 km/h		
RUN SPLIT 4: 21.1km	5.35 km (31:14)	10.28 km/h		
RUN SPLIT 5: 26.35km	5.25 km (30:31)	10.32 km/h		
RUN SPLIT 6: 31.6km	5.25 km (32:18)	9.75 km/h		
RUN SPLIT 7: 36.85km	5.25 km (32:25)	9.72 km/h		
RUN SPLIT 8: 42km	5.15 km (--:--)	-- km/h		
RUN SPLIT END: 42.2km	0.2 km (11:22:41)	0.02 km/h		
<b>TOTAL RUN</b>	<b>26.2 mi. (4:01:41)</b>	<b>9:13/mile</b>	<b>443</b>	<b>82</b>

TRANSITION		TIME
<b>T1: SWIM-TO-BIKE</b>		<b>9:32</b>
<b>T2: BIKE-TO-RUN</b>		<b>7:03</b>

## Fabrice TINAT

SWIM	BIKE	RUN	OVERALL	RANK	DIV.POS.
1:13:20	5:42:32	4:37:29	11:46:33	606	116

LEG	DISTANCE	PACE	RANK	DIV.POS.
SWIM SPLIT 1: 2.4 km	2.4 km @ 46:28	1:56/100m		
SWIM SPLIT 2: 3.8 km	1.4 km @ 26:52	1:51/100m		
<b>TOTAL SWIM</b>	<b>1:13:20</b>	<b>1:55/100m</b>	<b>1248</b>	<b>259</b>
BIKE SPLIT 1: 23.3km	23.3 km (42:31)	32.88 km/h		
BIKE SPLIT 2: 70km	46.7 km (1:48:46)	25.76 km/h		
BIKE SPLIT 3: 118.7km	48.7 km (3:19:50)	14.62 km/h		
BIKE SPLIT 4: 144km	25.3 km (54:07)	28.05 km/h		
BIKE SPLIT END: 180km	36 km (46:04)	46.89 km/h		
<b>TOTAL BIKE</b>	<b>180 km (5:42:32)</b>	<b>31.53 km/h</b>	<b>551</b>	<b>108</b>
RUN SPLIT 1: 5.25km	5.25 km (23:51)	13.21 km/h		
RUN SPLIT 2: 10.5km	5.25 km (32:30)	9.69 km/h		
RUN SPLIT 3: 15.75km	5.25 km (28:01)	11.24 km/h		
RUN SPLIT 4: 21.1km	5.35 km (34:35)	9.28 km/h		
RUN SPLIT 5: 26.35km	5.25 km (32:40)	9.64 km/h		
RUN SPLIT 6: 31.6km	5.25 km (46:53)	6.72 km/h		
RUN SPLIT 7: 36.85km	5.25 km (40:32)	7.77 km/h		
RUN SPLIT 8: 42km	5.15 km (--:--)	-- km/h		
RUN SPLIT END: 42.2km	0.2 km (11:46:33)	0.02 km/h		
<b>TOTAL RUN</b>	<b>26.2 mi. (4:37:29)</b>	<b>10:35/mile</b>	<b>606</b>	<b>116</b>

TRANSITION		TIME
<b>T1: SWIM-TO-BIKE</b>		<b>7:06</b>
<b>T2: BIKE-TO-RUN</b>		<b>6:06</b>

## Maxence GONZALEZ

SWIM	BIKE	RUN	OVERALL	RANK	DIV.POS.
1:06:00	6:08:31	4:28:04	11:52:44	664	173

LEG	DISTANCE	PACE	RANK	DIV.POS.
SWIM SPLIT 1: 2.4 km	2.4 km @ 41:50	1:44/100m		
SWIM SPLIT 2: 3.8 km	1.4 km @ 24:10	1:40/100m		
<b>TOTAL SWIM</b>	<b>1:06:00</b>	<b>1:44/100m</b>	<b>648</b>	<b>157</b>
BIKE SPLIT 1: 23.3km	23.3 km (47:13)	29.61 km/h		
BIKE SPLIT 2: 70km	46.7 km (2:01:59)	22.97 km/h		
BIKE SPLIT 3: 118.7km	48.7 km (3:37:16)	13.45 km/h		
BIKE SPLIT 4: 144km	25.3 km (56:44)	26.76 km/h		
BIKE SPLIT END: 180km	36 km (47:18)	45.67 km/h		
<b>TOTAL BIKE</b>	<b>180 km (6:08:31)</b>	<b>29.31 km/h</b>	<b>802</b>	<b>197</b>
RUN SPLIT 1: 5.25km	5.25 km (31:28)	10.01 km/h		
RUN SPLIT 2: 10.5km	5.25 km (31:31)	9.99 km/h		
RUN SPLIT 3: 15.75km	5.25 km (33:01)	9.54 km/h		
RUN SPLIT 4: 21.1km	5.35 km (38:23)	8.36 km/h		
RUN SPLIT 5: 26.35km	5.25 km (33:00)	9.55 km/h		
RUN SPLIT 6: 31.6km	5.25 km (35:47)	8.80 km/h		
RUN SPLIT 7: 36.85km	5.25 km (33:44)	9.34 km/h		
RUN SPLIT 8: 42km	5.15 km (--:--)	-- km/h		
RUN SPLIT END: 42.2km	0.2 km (11:52:44)	0.02 km/h		
<b>TOTAL RUN</b>	<b>26.2 mi. (4:28:04)</b>	<b>10:13/mile</b>	<b>664</b>	<b>173</b>

TRANSITION	TIME
<b>T1: SWIM-TO-BIKE</b>	<b>5:45</b>
<b>T2: BIKE-TO-RUN</b>	<b>4:24</b>

## Laurent HUMERY

SWIM	BIKE	RUN	OVERALL	RANK	DIV.POS.
1:12:50	6:10:51	4:28:54	12:07:30	772	164

LEG	DISTANCE	PACE	RANK	DIV.POS.
SWIM SPLIT 1: 2.4 km	2.4 km @ 45:10	1:52/100m		
SWIM SPLIT 2: 3.8 km	1.4 km @ 27:40	1:55/100m		
<b>TOTAL SWIM</b>	<b>1:12:50</b>	<b>1:54/100m</b>	<b>1224</b>	<b>236</b>
BIKE SPLIT 1: 23.3km	23.3 km (43:23)	32.22 km/h		
BIKE SPLIT 2: 70km	46.7 km (2:04:59)	22.42 km/h		
BIKE SPLIT 3: 118.7km	48.7 km (3:43:46)	13.06 km/h		
BIKE SPLIT 4: 144km	25.3 km (57:43)	26.30 km/h		
BIKE SPLIT END: 180km	36 km (45:59)	46.97 km/h		
<b>TOTAL BIKE</b>	<b>180 km (6:10:51)</b>	<b>29.12 km/h</b>	<b>970</b>	<b>213</b>
RUN SPLIT 1: 5.25km	5.25 km (29:10)	10.80 km/h		
RUN SPLIT 2: 10.5km	5.25 km (33:58)	9.27 km/h		
RUN SPLIT 3: 15.75km	5.25 km (34:27)	9.14 km/h		
RUN SPLIT 4: 21.1km	5.35 km (35:11)	9.12 km/h		
RUN SPLIT 5: 26.35km	5.25 km (35:02)	8.99 km/h		
RUN SPLIT 6: 31.6km	5.25 km (34:36)	9.10 km/h		
RUN SPLIT 7: 36.85km	5.25 km (33:39)	9.36 km/h		
RUN SPLIT 8: 42km	5.15 km (--:--)	-- km/h		
RUN SPLIT END: 42.2km	0.2 km (12:07:30)	0.02 km/h		
<b>TOTAL RUN</b>	<b>26.2 mi. (4:28:54)</b>	<b>10:15/mile</b>	<b>772</b>	<b>164</b>

TRANSITION		TIME
<b>T1: SWIM-TO-BIKE</b>		<b>7:19</b>
<b>T2: BIKE-TO-RUN</b>		<b>7:36</b>

## Franck PUSSET

SWIM	BIKE	RUN	OVERALL	RANK	DIV.POS.
1:11:07	5:53:46	4:56:00	12:13:02	815	206

LEG	DISTANCE	PACE	RANK	DIV.POS.
SWIM SPLIT 1: 2.4 km	2.4 km @ 45:01	1:52/100m		
SWIM SPLIT 2: 3.8 km	1.4 km @ 26:06	1:48/100m		
<b>TOTAL SWIM</b>	<b>1:11:07</b>	<b>1:52/100m</b>	<b>1072</b>	<b>265</b>
BIKE SPLIT 1: 23.3km	23.3 km (43:25)	32.20 km/h		
BIKE SPLIT 2: 70km	46.7 km (1:56:10)	24.12 km/h		
BIKE SPLIT 3: 118.7km	48.7 km (3:30:55)	13.85 km/h		
BIKE SPLIT 4: 144km	25.3 km (53:37)	28.31 km/h		
BIKE SPLIT END: 180km	36 km (45:49)	47.14 km/h		
<b>TOTAL BIKE</b>	<b>180 km (5:53:46)</b>	<b>30.53 km/h</b>	<b>667</b>	<b>165</b>
RUN SPLIT 1: 5.25km	5.25 km (28:39)	10.99 km/h		
RUN SPLIT 2: 10.5km	5.25 km (35:41)	8.83 km/h		
RUN SPLIT 3: 15.75km	5.25 km (36:18)	8.68 km/h		
RUN SPLIT 4: 21.1km	5.35 km (40:11)	7.99 km/h		
RUN SPLIT 5: 26.35km	5.25 km (39:44)	7.93 km/h		
RUN SPLIT 6: 31.6km	5.25 km (39:32)	7.97 km/h		
RUN SPLIT 7: 36.85km	5.25 km (39:26)	7.99 km/h		
RUN SPLIT 8: 42km	5.15 km (--:--)	-- km/h		
RUN SPLIT END: 42.2km	0.2 km (12:13:02)	0.02 km/h		
<b>TOTAL RUN</b>	<b>26.2 mi. (4:56:00)</b>	<b>11:17/mile</b>	<b>815</b>	<b>206</b>

TRANSITION	TIME
<b>T1: SWIM-TO-BIKE</b>	<b>6:29</b>
<b>T2: BIKE-TO-RUN</b>	<b>5:40</b>

## Ludovic LEROUX

SWIM	BIKE	RUN	OVERALL	RANK	DIV.POS.
1:10:34	6:22:12	4:37:35	12:26:47	941	201

LEG	DISTANCE	PACE	RANK	DIV.POS.
SWIM SPLIT 1: 2.4 km	2.4 km @ 45:04	1:52/100m		
SWIM SPLIT 2: 3.8 km	1.4 km @ 25:30	1:46/100m		
<b>TOTAL SWIM</b>	<b>1:10:34</b>	<b>1:51/100m</b>	<b>1021</b>	<b>199</b>
BIKE SPLIT 1: 23.3km	23.3 km (45:42)	30.59 km/h		
BIKE SPLIT 2: 70km	46.7 km (2:05:23)	22.35 km/h		
BIKE SPLIT 3: 118.7km	48.7 km (3:48:38)	12.78 km/h		
BIKE SPLIT 4: 144km	25.3 km (56:45)	26.75 km/h		
BIKE SPLIT END: 180km	36 km (51:07)	42.26 km/h		
<b>TOTAL BIKE</b>	<b>180 km (6:22:12)</b>	<b>28.26 km/h</b>	<b>1104</b>	<b>236</b>
RUN SPLIT 1: 5.25km	5.25 km (29:42)	10.61 km/h		
RUN SPLIT 2: 10.5km	5.25 km (32:51)	9.59 km/h		
RUN SPLIT 3: 15.75km	5.25 km (34:44)	9.07 km/h		
RUN SPLIT 4: 21.1km	5.35 km (44:53)	7.15 km/h		
RUN SPLIT 5: 26.35km	5.25 km (36:06)	8.73 km/h		
RUN SPLIT 6: 31.6km	5.25 km (34:48)	9.05 km/h		
RUN SPLIT 7: 36.85km	5.25 km (32:42)	9.63 km/h		
RUN SPLIT 8: 42km	5.15 km (--:--)	-- km/h		
RUN SPLIT END: 42.2km	0.2 km (12:26:47)	0.02 km/h		
<b>TOTAL RUN</b>	<b>26.2 mi. (4:37:35)</b>	<b>10:35/mile</b>	<b>941</b>	<b>201</b>

TRANSITION		TIME
<b>T1: SWIM-TO-BIKE</b>		<b>8:01</b>
<b>T2: BIKE-TO-RUN</b>		<b>8:25</b>

## Jacques HAMARD

SWIM	BIKE	RUN	OVERALL	RANK	DIV.POS.
1:18:16	6:19:05	4:31:50	12:30:17	975	195

LEG	DISTANCE	PACE	RANK	DIV.POS.
SWIM SPLIT 1: 2.4 km	2.4 km @ 49:25	2:03/100m		
SWIM SPLIT 2: 3.8 km	1.4 km @ 28:51	2:00/100m		
<b>TOTAL SWIM</b>	<b>1:18:16</b>	<b>2:03/100m</b>	<b>1608</b>	<b>335</b>
BIKE SPLIT 1: 23.3km	23.3 km (46:24)	30.13 km/h		
BIKE SPLIT 2: 70km	46.7 km (2:05:16)	22.37 km/h		
BIKE SPLIT 3: 118.7km	48.7 km (3:44:44)	13.00 km/h		
BIKE SPLIT 4: 144km	25.3 km (59:01)	25.72 km/h		
BIKE SPLIT END: 180km	36 km (48:56)	44.14 km/h		
<b>TOTAL BIKE</b>	<b>180 km (6:19:05)</b>	<b>28.49 km/h</b>	<b>1233</b>	<b>261</b>
RUN SPLIT 1: 5.25km	5.25 km (28:24)	11.09 km/h		
RUN SPLIT 2: 10.5km	5.25 km (30:29)	10.33 km/h		
RUN SPLIT 3: 15.75km	5.25 km (31:20)	10.05 km/h		
RUN SPLIT 4: 21.1km	5.35 km (34:41)	9.26 km/h		
RUN SPLIT 5: 26.35km	5.25 km (37:39)	8.37 km/h		
RUN SPLIT 6: 31.6km	5.25 km (41:15)	7.64 km/h		
RUN SPLIT 7: 36.85km	5.25 km (35:02)	8.99 km/h		
RUN SPLIT 8: 42km	5.15 km (--:--)	-- km/h		
RUN SPLIT END: 42.2km	0.2 km (12:30:17)	0.02 km/h		
<b>TOTAL RUN</b>	<b>26.2 mi. (4:31:50)</b>	<b>10:22/mile</b>	<b>975</b>	<b>195</b>

TRANSITION	TIME
<b>T1: SWIM-TO-BIKE</b>	<b>12:17</b>
<b>T2: BIKE-TO-RUN</b>	<b>8:49</b>

## Didier ALBI

SWIM	BIKE	RUN	OVERALL	RANK	DIV.POS.
1:27:36	6:46:26	4:14:09	12:48:55	1105	101

LEG	DISTANCE	PACE	RANK	DIV.POS.
SWIM SPLIT 1: 2.4 km	2.4 km @ 54:48	2:17/100m		
SWIM SPLIT 2: 3.8 km	1.4 km @ 32:48	2:16/100m		
<b>TOTAL SWIM</b>	<b>1:27:36</b>	<b>2:18/100m</b>	<b>2038</b>	<b>234</b>
BIKE SPLIT 1: 23.3km	23.3 km (50:50)	27.50 km/h		
BIKE SPLIT 2: 70km	46.7 km (2:14:18)	20.86 km/h		
BIKE SPLIT 3: 118.7km	48.7 km (4:00:54)	12.13 km/h		
BIKE SPLIT 4: 144km	25.3 km (1:01:35)	24.65 km/h		
BIKE SPLIT END: 180km	36 km (53:07)	40.67 km/h		
<b>TOTAL BIKE</b>	<b>180 km (6:46:26)</b>	<b>26.57 km/h</b>	<b>1636</b>	<b>181</b>
RUN SPLIT 1: 5.25km	5.25 km (25:02)	12.58 km/h		
RUN SPLIT 2: 10.5km	5.25 km (27:33)	11.43 km/h		
RUN SPLIT 3: 15.75km	5.25 km (27:33)	11.43 km/h		
RUN SPLIT 4: 21.1km	5.35 km (32:07)	9.99 km/h		
RUN SPLIT 5: 26.35km	5.25 km (37:00)	8.51 km/h		
RUN SPLIT 6: 31.6km	5.25 km (32:45)	9.62 km/h		
RUN SPLIT 7: 36.85km	5.25 km (34:44)	9.07 km/h		
RUN SPLIT 8: 42km	5.15 km (--:--)	-- km/h		
RUN SPLIT END: 42.2km	0.2 km (12:48:55)	0.02 km/h		
<b>TOTAL RUN</b>	<b>26.2 mi. (4:14:09)</b>	<b>9:42/mile</b>	<b>1105</b>	<b>101</b>

TRANSITION		TIME
<b>T1: SWIM-TO-BIKE</b>		<b>9:24</b>
<b>T2: BIKE-TO-RUN</b>		<b>11:20</b>



## Grégoire GEFFRAY

SWIM	BIKE	RUN	OVERALL	RANK	DIV.POS.
56:23	6:23:58	5:28:02	12:58:48	1174	110

LEG	DISTANCE	PACE	RANK	DIV.POS.
SWIM SPLIT 1: 2.4 km	2.4 km @ 35:57	1:29/100m		
SWIM SPLIT 2: 3.8 km	1.4 km @ 20:26	1:25/100m		
<b>TOTAL SWIM</b>	<b>56:23</b>	<b>1:29/100m</b>	<b>106</b>	<b>17</b>
BIKE SPLIT 1: 23.3km	23.3 km (47:10)	29.64 km/h		
BIKE SPLIT 2: 70km	46.7 km (2:10:57)	21.40 km/h		
BIKE SPLIT 3: 118.7km	48.7 km (3:47:46)	12.83 km/h		
BIKE SPLIT 4: 144km	25.3 km (59:04)	25.70 km/h		
BIKE SPLIT END: 180km	36 km (49:58)	43.23 km/h		
<b>TOTAL BIKE</b>	<b>180 km (6:23:58)</b>	<b>28.13 km/h</b>	<b>871</b>	<b>94</b>
RUN SPLIT 1: 5.25km	5.25 km (32:39)	9.65 km/h		
RUN SPLIT 2: 10.5km	5.25 km (38:37)	8.16 km/h		
RUN SPLIT 3: 15.75km	5.25 km (39:28)	7.98 km/h		
RUN SPLIT 4: 21.1km	5.35 km (44:10)	7.27 km/h		
RUN SPLIT 5: 26.35km	5.25 km (40:32)	7.77 km/h		
RUN SPLIT 6: 31.6km	5.25 km (44:57)	7.01 km/h		
RUN SPLIT 7: 36.85km	5.25 km (44:27)	7.09 km/h		
RUN SPLIT 8: 42km	5.15 km (--:--)	-- km/h		
RUN SPLIT END: 42.2km	0.2 km (12:58:48)	0.02 km/h		
<b>TOTAL RUN</b>	<b>26.2 mi. (5:28:02)</b>	<b>12:31/mile</b>	<b>1174</b>	<b>110</b>

TRANSITION	TIME
<b>T1: SWIM-TO-BIKE</b>	<b>4:44</b>
<b>T2: BIKE-TO-RUN</b>	<b>5:41</b>

## Florian BURON

SWIM	BIKE	RUN	OVERALL	RANK	DIV.POS.
1:12:37	6:46:59	5:19:39	13:34:57	1385	126

LEG	DISTANCE	PACE	RANK	DIV.POS.
SWIM SPLIT 1: 2.4 km	2.4 km @ 45:24	1:53/100m		
SWIM SPLIT 2: 3.8 km	1.4 km @ 27:13	1:53/100m		
<b>TOTAL SWIM</b>	<b>1:12:37</b>	<b>1:54/100m</b>	<b>1213</b>	<b>129</b>
BIKE SPLIT 1: 23.3km	23.3 km (47:41)	29.32 km/h		
BIKE SPLIT 2: 70km	46.7 km (2:12:34)	21.14 km/h		
BIKE SPLIT 3: 118.7km	48.7 km (4:02:45)	12.04 km/h		
BIKE SPLIT 4: 144km	25.3 km (1:01:12)	24.80 km/h		
BIKE SPLIT END: 180km	36 km (55:21)	39.02 km/h		
<b>TOTAL BIKE</b>	<b>180 km (6:46:59)</b>	<b>26.54 km/h</b>	<b>1480</b>	<b>138</b>
RUN SPLIT 1: 5.25km	5.25 km (29:24)	10.71 km/h		
RUN SPLIT 2: 10.5km	5.25 km (33:09)	9.50 km/h		
RUN SPLIT 3: 15.75km	5.25 km (34:27)	9.14 km/h		
RUN SPLIT 4: 21.1km	5.35 km (47:18)	6.79 km/h		
RUN SPLIT 5: 26.35km	5.25 km (47:50)	6.59 km/h		
RUN SPLIT 6: 31.6km	5.25 km (43:36)	7.22 km/h		
RUN SPLIT 7: 36.85km	5.25 km (45:48)	6.88 km/h		
RUN SPLIT 8: 42km	5.15 km (--:--)	-- km/h		
RUN SPLIT END: 42.2km	0.2 km (13:34:57)	0.01 km/h		
<b>TOTAL RUN</b>	<b>26.2 mi. (5:19:39)</b>	<b>12:12/mile</b>	<b>1385</b>	<b>126</b>

TRANSITION		TIME
<b>T1: SWIM-TO-BIKE</b>		<b>8:24</b>
<b>T2: BIKE-TO-RUN</b>		<b>7:18</b>

## Stéphanie HENRY

SWIM	BIKE	RUN	OVERALL	RANK	DIV.POS.
1:27:42	7:43:01	4:01:11	13:39:43	1410	19

LEG	DISTANCE	PACE	RANK	DIV.POS.
SWIM SPLIT 1: 2.4 km	2.4 km @ 55:26	2:18/100m		
SWIM SPLIT 2: 3.8 km	1.4 km @ 32:16	2:14/100m		
<b>TOTAL SWIM</b>	<b>1:27:42</b>	<b>2:18/100m</b>	<b>2041</b>	<b>28</b>
BIKE SPLIT 1: 23.3km	23.3 km (55:41)	25.11 km/h		
BIKE SPLIT 2: 70km	46.7 km (2:37:15)	17.82 km/h		
BIKE SPLIT 3: 118.7km	48.7 km (4:36:18)	10.58 km/h		
BIKE SPLIT 4: 144km	25.3 km (1:11:17)	21.30 km/h		
BIKE SPLIT END: 180km	36 km (59:45)	36.15 km/h		
<b>TOTAL BIKE</b>	<b>180 km (7:43:01)</b>	<b>23.33 km/h</b>	<b>2032</b>	<b>32</b>
RUN SPLIT 1: 5.25km	5.25 km (28:34)	11.03 km/h		
RUN SPLIT 2: 10.5km	5.25 km (29:44)	10.59 km/h		
RUN SPLIT 3: 15.75km	5.25 km (29:39)	10.62 km/h		
RUN SPLIT 4: 21.1km	5.35 km (29:48)	10.77 km/h		
RUN SPLIT 5: 26.35km	5.25 km (30:18)	10.40 km/h		
RUN SPLIT 6: 31.6km	5.25 km (30:54)	10.19 km/h		
RUN SPLIT 7: 36.85km	5.25 km (30:59)	10.17 km/h		
RUN SPLIT 8: 42km	5.15 km (--:--)	-- km/h		
RUN SPLIT END: 42.2km	0.2 km (13:39:43)	0.01 km/h		
<b>TOTAL RUN</b>	<b>26.2 mi. (4:01:11)</b>	<b>9:12/mile</b>	<b>1410</b>	<b>19</b>

TRANSITION	TIME
<b>T1: SWIM-TO-BIKE</b>	<b>13:12</b>
<b>T2: BIKE-TO-RUN</b>	<b>14:37</b>

## Cyril POUDEVIGNE

SWIM	BIKE	RUN	OVERALL	RANK	DIV.POS.
1:10:19	6:34:11	5:35:14	13:41:49	1423	343

LEG	DISTANCE	PACE	RANK	DIV.POS.
SWIM SPLIT 1: 2.4 km	2.4 km @ 44:24	1:51/100m		
SWIM SPLIT 2: 3.8 km	1.4 km @ 25:55	1:47/100m		
<b>TOTAL SWIM</b>	<b>1:10:19</b>	<b>1:51/100m</b>	<b>997</b>	<b>243</b>
BIKE SPLIT 1: 23.3km	23.3 km (47:44)	29.29 km/h		
BIKE SPLIT 2: 70km	46.7 km (2:06:35)	22.14 km/h		
BIKE SPLIT 3: 118.7km	48.7 km (3:52:59)	12.54 km/h		
BIKE SPLIT 4: 144km	25.3 km (1:01:47)	24.57 km/h		
BIKE SPLIT END: 180km	36 km (51:41)	41.79 km/h		
<b>TOTAL BIKE</b>	<b>180 km (6:34:11)</b>	<b>27.40 km/h</b>	<b>1291</b>	<b>329</b>
RUN SPLIT 1: 5.25km	5.25 km (30:33)	10.31 km/h		
RUN SPLIT 2: 10.5km	5.25 km (40:59)	7.69 km/h		
RUN SPLIT 3: 15.75km	5.25 km (35:32)	8.86 km/h		
RUN SPLIT 4: 21.1km	5.35 km (47:11)	6.80 km/h		
RUN SPLIT 5: 26.35km	5.25 km (42:27)	7.42 km/h		
RUN SPLIT 6: 31.6km	5.25 km (48:04)	6.55 km/h		
RUN SPLIT 7: 36.85km	5.25 km (45:21)	6.95 km/h		
RUN SPLIT 8: 42km	5.15 km (--:--)	-- km/h		
RUN SPLIT END: 42.2km	0.2 km (13:41:49)	0.01 km/h		
<b>TOTAL RUN</b>	<b>26.2 mi. (5:35:14)</b>	<b>12:47/mile</b>	<b>1423</b>	<b>343</b>

TRANSITION		TIME
<b>T1: SWIM-TO-BIKE</b>		<b>8:36</b>
<b>T2: BIKE-TO-RUN</b>		<b>13:29</b>

## Lydie HUMERY

SWIM	BIKE	RUN	OVERALL	RANK	DIV.POS.
1:20:48	7:38:39	5:27:18	14:51:09	1764	30

LEG	DISTANCE	PACE	RANK	DIV.POS.
SWIM SPLIT 1: 2.4 km	2.4 km @ 50:47	2:06/100m		
SWIM SPLIT 2: 3.8 km	1.4 km @ 30:01	2:05/100m		
<b>TOTAL SWIM</b>	<b>1:20:48</b>	<b>2:07/100m</b>	<b>1800</b>	<b>30</b>
BIKE SPLIT 1: 23.3km	23.3 km (58:19)	23.97 km/h		
BIKE SPLIT 2: 70km	46.7 km (2:35:15)	18.05 km/h		
BIKE SPLIT 3: 118.7km	48.7 km (4:36:38)	10.56 km/h		
BIKE SPLIT 4: 144km	25.3 km (1:07:01)	22.65 km/h		
BIKE SPLIT END: 180km	36 km (56:41)	38.11 km/h		
<b>TOTAL BIKE</b>	<b>180 km (7:38:39)</b>	<b>23.55 km/h</b>	<b>1977</b>	<b>33</b>
RUN SPLIT 1: 5.25km	5.25 km (32:02)	9.83 km/h		
RUN SPLIT 2: 10.5km	5.25 km (35:23)	8.90 km/h		
RUN SPLIT 3: 15.75km	5.25 km (36:50)	8.55 km/h		
RUN SPLIT 4: 21.1km	5.35 km (39:50)	8.06 km/h		
RUN SPLIT 5: 26.35km	5.25 km (42:57)	7.33 km/h		
RUN SPLIT 6: 31.6km	5.25 km (45:44)	6.89 km/h		
RUN SPLIT 7: 36.85km	5.25 km (52:01)	6.06 km/h		
RUN SPLIT 8: 42km	5.15 km (--:--)	-- km/h		
RUN SPLIT END: 42.2km	0.2 km (14:51:09)	0.01 km/h		
<b>TOTAL RUN</b>	<b>26.2 mi. (5:27:18)</b>	<b>12:29/mile</b>	<b>1764</b>	<b>30</b>

TRANSITION	TIME
<b>T1: SWIM-TO-BIKE</b>	<b>13:00</b>
<b>T2: BIKE-TO-RUN</b>	<b>11:24</b>

## Nicolas SOORBEEK

SWIM	BIKE	RUN	OVERALL	RANK	DIV.POS.
1:11:29	7:54:12	5:54:25	15:28:22	1873	326

LEG	DISTANCE	PACE	RANK	DIV.POS.
SWIM SPLIT 1: 2.4 km	2.4 km @ 45:28	1:53/100m		
SWIM SPLIT 2: 3.8 km	1.4 km @ 26:01	1:48/100m		
<b>TOTAL SWIM</b>	<b>1:11:29</b>	<b>1:52/100m</b>	<b>1109</b>	<b>214</b>
BIKE SPLIT 1: 23.3km	23.3 km (51:56)	26.92 km/h		
BIKE SPLIT 2: 70km	46.7 km (2:49:10)	16.56 km/h		
BIKE SPLIT 3: 118.7km	48.7 km (4:54:09)	9.93 km/h		
BIKE SPLIT 4: 144km	25.3 km (1:07:40)	22.43 km/h		
BIKE SPLIT END: 180km	36 km (1:00:27)	35.73 km/h		
<b>TOTAL BIKE</b>	<b>180 km (7:54:12)</b>	<b>22.78 km/h</b>	<b>1997</b>	<b>344</b>
RUN SPLIT 1: 5.25km	5.25 km (39:25)	7.99 km/h		
RUN SPLIT 2: 10.5km	5.25 km (54:37)	5.77 km/h		
RUN SPLIT 3: 15.75km	5.25 km (44:34)	7.07 km/h		
RUN SPLIT 4: 21.1km	5.35 km (41:50)	7.67 km/h		
RUN SPLIT 5: 26.35km	5.25 km (43:18)	7.27 km/h		
RUN SPLIT 6: 31.6km	5.25 km (46:31)	6.77 km/h		
RUN SPLIT 7: 36.85km	5.25 km (44:12)	7.13 km/h		
RUN SPLIT 8: 42km	5.15 km (--:--)	-- km/h		
RUN SPLIT END: 42.2km	0.2 km (15:28:22)	0.01 km/h		
<b>TOTAL RUN</b>	<b>26.2 mi. (5:54:25)</b>	<b>13:31/mile</b>	<b>1873</b>	<b>326</b>

TRANSITION	TIME
<b>T1: SWIM-TO-BIKE</b>	<b>11:13</b>
<b>T2: BIKE-TO-RUN</b>	<b>17:03</b>

## Olivier LOUCHART

SWIM	BIKE	RUN	OVERALL	RANK	DIV.POS.
58:32	5:49:47	--:--	--:--	2066	187

LEG	DISTANCE	PACE	RANK	DIV.POS.
SWIM SPLIT 1: 2.4 km	2.4 km @ 37:00	1:32/100m		
SWIM SPLIT 2: 3.8 km	1.4 km @ 21:32	1:29/100m		
<b>TOTAL SWIM</b>	<b>58:32</b>	<b>1:32/100m</b>	<b>183</b>	<b>35</b>
BIKE SPLIT 1: 23.3km	23.3 km (41:18)	33.85 km/h		
BIKE SPLIT 2: 70km	46.7 km (1:53:35)	24.67 km/h		
BIKE SPLIT 3: 118.7km	48.7 km (3:25:08)	14.24 km/h		
BIKE SPLIT 4: 144km	25.3 km (55:12)	27.50 km/h		
BIKE SPLIT END: 180km	36 km (48:09)	44.86 km/h		
<b>TOTAL BIKE</b>	<b>180 km (5:49:47)</b>	<b>30.88 km/h</b>	<b>393</b>	<b>61</b>
RUN SPLIT 1: 5.25km	5.25 km (36:34)	8.61 km/h		
RUN SPLIT 2: 10.5km	5.25 km (40:15)	7.83 km/h		
RUN SPLIT 3: 15.75km	5.25 km (--:--)	-- km/h		
RUN SPLIT 4: 21.1km	5.35 km (--:--)	-- km/h		
RUN SPLIT 5: 26.35km	5.25 km (--:--)	-- km/h		
RUN SPLIT 6: 31.6km	5.25 km (--:--)	-- km/h		
RUN SPLIT 7: 36.85km	5.25 km (--:--)	-- km/h		
RUN SPLIT 8: 42km	5.15 km (--:--)	-- km/h		
RUN SPLIT END: 42.2km	0.2 km (--:--)	-- km/h		
<b>TOTAL RUN</b>	<b>26.2 mi. (---:--)</b>	<b>--/mile</b>	<b>2066</b>	<b>187</b>

TRANSITION	TIME
<b>T1: SWIM-TO-BIKE</b>	<b>5:03</b>
<b>T2: BIKE-TO-RUN</b>	<b>7:16</b>

# YANN LEFLOCH

SWIM	BIKE	RUN	OVERALL	RANK	DIV.POS.
1:12:31	--:--	--:--	--:--	--	--

LEG	DISTANCE	PACE	RANK	DIV.POS.
SWIM SPLIT 1: 2.4 km	2.4 km @ 45:17	1:53/100m		
SWIM SPLIT 2: 3.8 km	1.4 km @ 27:14	1:53/100m		
<b>TOTAL SWIM</b>	<b>1:12:31</b>	<b>1:54/100m</b>	<b>1205</b>	<b>297</b>
BIKE SPLIT 1: 23.3km	23.3 km (46:53)	29.82 km/h		
BIKE SPLIT 2: 70km	46.7 km (--:--)	-- km/h		
BIKE SPLIT 3: 118.7km	48.7 km (--:--)	-- km/h		
BIKE SPLIT 4: 144km	25.3 km (--:--)	-- km/h		
BIKE SPLIT END: 180km	36 km (--:--)	-- km/h		
<b>TOTAL BIKE</b>	<b>180 km (--:--)</b>	<b>-- km/h</b>	<b>--</b>	
RUN SPLIT 1: 5.25km	5.25 km (--:--)	-- km/h		
RUN SPLIT 2: 10.5km	5.25 km (--:--)	-- km/h		
RUN SPLIT 3: 15.75km	5.25 km (--:--)	-- km/h		
RUN SPLIT 4: 21.1km	5.35 km (--:--)	-- km/h		
RUN SPLIT 5: 26.35km	5.25 km (--:--)	-- km/h		
RUN SPLIT 6: 31.6km	5.25 km (--:--)	-- km/h		
RUN SPLIT 7: 36.85km	5.25 km (--:--)	-- km/h		
RUN SPLIT 8: 42km	5.15 km (--:--)	-- km/h		
RUN SPLIT END: 42.2km	0.2 km (--:--)	-- km/h		
<b>TOTAL RUN</b>	<b>26.2 mi. (--:--)</b>	<b>--/mile</b>	<b>--</b>	

TRANSITION	TIME
<b>T1: SWIM-TO-BIKE</b>	<b>7:18</b>
<b>T2: BIKE-TO-RUN</b>	<b>--:--</b>



## Stéphane ROYER

SWIM	BIKE	RUN	OVERALL	RANK	DIV.POS.
1:11:29	7:06:32	--:--	--:--	--	--

LEG	DISTANCE	PACE	RANK	DIV.POS.
SWIM SPLIT 1: 2.4 km	2.4 km @ 45:28	1:53/100m		
SWIM SPLIT 2: 3.8 km	1.4 km @ 26:01	1:48/100m		
<b>TOTAL SWIM</b>	<b>1:11:29</b>	<b>1:52/100m</b>	<b>1108</b>	<b>277</b>
BIKE SPLIT 1: 23.3km	23.3 km (42:36)	32.82 km/h		
BIKE SPLIT 2: 70km	46.7 km (2:03:51)	22.62 km/h		
BIKE SPLIT 3: 118.7km	48.7 km (4:07:11)	11.82 km/h		
BIKE SPLIT 4: 144km	25.3 km (1:17:02)	19.71 km/h		
BIKE SPLIT END: 180km	36 km (59:43)	36.17 km/h		
<b>TOTAL BIKE</b>	<b>180 km (7:06:32)</b>	<b>25.32 km/h</b>	<b>1667</b>	<b>400</b>
RUN SPLIT 1: 5.25km	5.25 km (--:--)	-- km/h		
RUN SPLIT 2: 10.5km	5.25 km (--:--)	-- km/h		
RUN SPLIT 3: 15.75km	5.25 km (--:--)	-- km/h		
RUN SPLIT 4: 21.1km	5.35 km (--:--)	-- km/h		
RUN SPLIT 5: 26.35km	5.25 km (--:--)	-- km/h		
RUN SPLIT 6: 31.6km	5.25 km (--:--)	-- km/h		
RUN SPLIT 7: 36.85km	5.25 km (--:--)	-- km/h		
RUN SPLIT 8: 42km	5.15 km (--:--)	-- km/h		
RUN SPLIT END: 42.2km	0.2 km (--:--)	-- km/h		
<b>TOTAL RUN</b>	<b>26.2 mi. (---:--)</b>	<b>--/mile</b>	<b>--</b>	

TRANSITION	TIME
<b>T1: SWIM-TO-BIKE</b>	<b>9:29</b>
<b>T2: BIKE-TO-RUN</b>	<b>--:--</b>